



Patient Information

International Travel Medicine Clinic

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Meet Our Providers



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**THE IOWA
CLINIC®**

Internal Medicine Urbandale

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dedicating our lives to taking care of yours





About

The Iowa Clinic Travel Medicine Clinic is a dedicated resource to those traveling abroad who need specific immunizations prior to their international trip. Immunizations not only prevent infectious diseases during travel, but also provide personal safety and prevention of environmental risk.

There are many advantages to choosing The Iowa Clinic for your travel medicine needs. We are Yellow Fever Certified, meaning we can provide all required immunizations for international travel, and when you come for your appointment you will be seen by an Internal Medicine physician who belongs to the International Society of Travel Medicine.

Appointments

In order to provide you with the best care, we need to know your travel details. Here are a few things to know for your appointment:

- // It's strongly recommended that your appointment occur 6 to 8 weeks prior to your travel to allow time for the immunizations to produce an appropriate level of antibody protection. In the event your travel is scheduled sooner than 6 to 8 weeks out, we respectfully request you schedule your appointment no later than 4 days prior to travel; this will ensure we have the appropriate vaccines in stock for your travel destination.
- // Prior to your appointment, a nurse will call to go over details and obtain personal health information.
- // Prior to your appointment, gather your vaccination history; this will allow our physicians to give you the best immunization recommendation.
- // You must bring your travel itinerary to your appointment.
- // It is not necessary, but recommended that you schedule an appointment to be seen upon returning from your trip.
- // Payment transactions for the Travel Medicine Clinic will be completed at the time of your visit and do not go through insurance.

FAQ

Which vaccinations do I need for my trip?

The specific immunizations you need depend on your destination, itinerary, medical/immunization history and your traveling style. There is no set list of vaccinations for international travel; every traveler should receive customized advice based on the factors listed above.

Will my insurance cover the cost of the Travel Medicine Clinic's services?

Health plans vary in what they cover. We are not contracted with any insurance plan and ask for payment at the time of your visit. We accept credit cards, checks and cash transactions.

Are vaccinations always required?

International travel immunizations are divided into two categories: required and recommended. Required vaccinations are necessary for entry into certain countries. Recommended vaccinations are suggested to provide health and safety during your trip.

I'm leaving on my trip next week! Is it too late for vaccinations?

Contact our Travel Medicine Clinic right away. Some vaccinations, even when given at the last minute, may offer protection.

I can't remember my vaccination history. Is this a problem?

While it's best that we know your immunization history, our Travel Medicine Clinic physicians will still be able to advise you on recommended vaccines based on your destination and itinerary.

Do you vaccinate children?

Yes, we are able to vaccinate children who plan to travel internationally.

Call 515.875.9190 to schedule your appointment.

